



# BLUE CHRISTMAS

2017

## Help for the Hurting During the Holidays

The holidays are supposed to be a time of joy and happiness, a time to feel the magic of the season. For many people, this is true. But for others, the holidays are a time of stress. Some may be overwhelmed by financial problems or family conflict. Recovering addicts may be tempted to stray from their sobriety. Others may be facing divorce, death of a loved one, or stresses related to military deployment. Below you will find free opportunities for support and renewal that can help you find the magic of the season again.

### Monday, December 4

Grief Support Sessions: Just Conversation and Listening Ears, 6 p.m. at Minooka United Methodist Church, 205 W. Church St., Minooka, 815-467-2322. All are welcome.

### Wednesday, December 6

Angels of Hope Candlelight Remembrance Vigil, 7 p.m. at Campbell Memorial Park in Coal City. A vigil for those suffering from the physical absence of a child.

### Sunday, December 10

The Compassionate Friends Worldwide Candle Lighting, 6:30 p.m. at Channahon United Methodist Church, 24751 W. Eames, Channahon; 815-467-5275. Service to honor the memories of the sons, daughters, brothers, sisters, and grandchildren who left too soon. Bring a photo for the table display along with a dessert to share during fellowship.

### Thursday, December 21

Blue Christmas Service, 7 p.m. at Coal City United Methodist Church, 6805 E. McCardle Rd., Coal City, 815-634-8670. All are welcome.

*This information is brought to you by the Behavioral Health Alliance of Grundy County. To learn more, call Devan at 815-941-0852.*