

Membership Form

Membership Annual Dues:

Organization—\$20 Individual—\$10

Make checks payable to:

Community Foundation of Grundy County / BHA
Please Note "BHA MEMBERSHIP" in the memo.

Send this form and payment to:

Community Foundation of Grundy County / BHA
520 W. Illinois Ave., Morris, IL 60450

I would like to sign up for the following membership:

- Membership - Organization - \$20
- Membership - Individual - \$10

Name

Title

Organization

Address

Suite / Apt. / P.O. Box

City State Zip Code

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Phone

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Fax

Email

Website

BHA meetings are held monthly except for July and December. Meetings are held on the 4th Tuesday of the month at 3 p.m. via online teleconferencing. Meeting links are emailed a few days before each meeting. If you would like to receive these links and other BHA information, please send a request to BHAGrundy@gmail.com



Contact us at:

BHAGrundy@gmail.com

Looking for a Service Provider?

Phone: (815) 941-HELP
www.815941help.com

Grundy County Community Resource Directory
Online at www.BHAGrundyCounty.com

Grundy County 2-1-1
Call 2-1-1 (24 hours/7 days)
Text Your Zip to TXT211
Search Findhelp211.org

988 Suicide & Crisis Lifeline
Call or Text 9-8-8 (24/7)



People Working Together
for Healthy Communities

 Educating

 Collaborating

 Advocating

Website: www.BHAGrundyCounty.com
Email: BHAGrundy@gmail.com

 Find us on
Facebook

Behavioral Health Challenges Facing Grundy County

Like many other communities, Grundy County struggles to offer services that prevent and treat mental illness and substance use disorders for the 50,000-plus people who live here. Here are just a few examples of current challenges in the area of behavioral health:

- Overdose deaths involving heroin and other opioids have risen in recent years and remain at historically high levels
- Grundy County has high rates of tobacco use and alcohol abuse among adults and adolescents compared to the state averages
- Healthcare providers report rising levels of anxiety and depression among youth. Among the county's 10th graders, 24% reported feeling so sad or hopeless that they stopped doing usual activities and 5% reported seriously considering suicide
- Eight percent of Grundy County 10th graders reported past-month use of tobacco products such as e-cigs and vapes
- There are no inpatient beds for mental illness or substance abuse disorders within the county for adults, children, or adolescents
- Psychiatric and other mental health services are difficult to access and hard for many people to afford

Sources: 2022 Morris Hospital Community Health Needs Assessment and 2022 Illinois Youth Survey

Behavioral Health Alliance of Grundy County

Founded in 2009, the Behavioral Health Alliance of Grundy County has been a key player in addressing the behavioral health needs of local residents.

- ◆ Advocating for regular data collection to better understand the behavioral health needs of youth (Illinois Youth Survey) and the service gaps that exist in local communities
- ◆ Cultivating a stronger, more knowledgeable behavioral health workforce by providing learning opportunities and CEUs during meetings, training events, and information-sharing via email and at bhgrundycounty.com



- ◆ Encouraging and supporting behavioral health service providers as they address gaps and develop new services
- ◆ Collaborating with local organizations to bring programs like Youth Mental Health First Aid to Grundy County
- ◆ Building partnerships with community sectors to make sure all voices are heard—especially youth, who engage with BHA via the Youth Advisory Committees
- ◆ Promoting behavioral health resources to the entire community

Why Should You Become a BHA Member?



*You want to stay **INFORMED** and **EDUCATED** about behavioral health issues facing Grundy County residents*



*You are concerned about **ADDRESSING THE GAPS AND BARRIERS** that keep people from getting the help they need*



*You want to **MAKE A DIFFERENCE** around specific issues such as substance abuse, depression, and bullying*



*You want to **APPLY KNOWLEDGE** about behavioral health to all aspects of your life*



*You want to be part of a **GROWING NETWORK** of people dedicated to promoting behavioral health and wellness for Grundy County residents*